

**CREW OFF-DUTY**

GMT	CREW	ACTIVITY
06:00-06:10	.	Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
10:00-11:30	FE-1	Physical Exercise (VELO), day 2
11:30-13:00	FE-2	Physical Exercise (RED)
	CDR	Physical Exercise (TVIS), day 2
13:00-14:00	.	LUNCH
14:00-14:15	FE-2	Start Filling CWC from the Lab Condensate Tank
14:45-15:00		Terminate Filling CWC from the Lab Condensate Tank
15:30-16:30	FE-1	Physical Exercise (VELO+RED), day 2
15:35-15:50	CDR	Private Psychological Conference ( <i>VHF</i> )
16:15-17:15	FE-2	Physical Exercise (CEVIS)
16:30-17:30	CDR	Physical Exercise (VELO+RED), day 2
17:10-17:25	FE-1	Private Psychological Conference ( <i>VHF</i> )
17:25-17:40	FE-2	Private Family Conference ( <i>Ku + S-band</i> )
17:30-18:10	CDR	COX Maintenance. <i>CBO, CP, and POTOK Air Purification System data calldowns</i>
17:45-18:15	FE-2	OUM-PFE – Hardware Installation
18:15-19:00	.	Evening Work Prep
19:00-19:15		Daily Planning Conference ( <i>S-band</i> )
19:15-19:30		Evening Work Prep
19:30-20:00		DINNER
20:00-20:30		Daily Food Prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
<b>Task List</b>	FE-1	URAGAN. Observations and Photography
	CDR	ECON. Observations and Photography
	FE-1	DIATOMEA. World Ocean Observations

**Notes:**

1. SM Window #9 shutter opening is at crew discretion with **Report to MCC**
  2. See OSTP for references to US activities.
  3. No *Ku-band* between **22:30** and **05:00**
- End of Radiogram